Palo Verde Housing Assistant 2019/2020 Recruitment
Term begins: July 1, 2019

APPLICATION DEADLINE:
Monday, February 4, 2019, 2017 at 5 p.m.

RESPONSIBILITIES:
- Provide after-hours coverage for Palo Verde Housing Office.
- Respond to resident and community issues requiring immediate intervention and assessment.
- Provide routine access to recreation facilities.
- Inform residents through the bulletin boards, the PV Press, and more.

See HA Job Description for complete details.

HOUSING ASSISTANT COMPENSATION:
Monthly Salary

You Must Attend An Information Session
In Order To Apply For The Position:
TUESDAY - JANUARY 15th AT 6:00 PM
WEDNESDAY - JANUARY 23rd AT 5:30 PM
IN THE PALO VERDE LOUNGE AND CONFERENCE ROOM

These sessions will give you an opportunity to learn more about the position, the selection process, the training program and to pick up an application packet. Being a Housing Assistant is a great way to be involved in the Palo Verde community and to work in your own neighborhood. Additional information is posted in the Palo Verde laundry rooms or contact sherwook@uci.edu.

***You may pick up an application packet from the PV office anytime during office hours or page the Housing Assistant on duty prior to 10pm when the office is closed starting on January 8, 2019.***

Yoga is back for the Winter quarter!

Free Yoga For Graduate and Family Housing Residents
Classes will be held every Wednesday
6pm in the PV Community Room

Start the new year right by joining Palo Verde and Verano residents, partners, and friends and become one of our yoga regulars! This is a great, convenient way to get your workout in with your busy schedule. This class is suited for all levels and abilities, including beginners. These 10 sessions are brought to you FREE of CHARGE as a part of PVRC’s and VRC’s community programming! Be sure to show up early as space may be limited! Bring along an exercise mat or towel and a water bottle. Be sure to come early for your first session to sign a waiver for the ARC.

Feel free to contact pvrc@uci.edu with any questions. Like PVRC on facebook at facebook.com/PaloVerdeResidenceCouncil.

Upcoming Projects at Palo Verde - We would like to give you notice of the following up-coming scheduled projects:

Concrete Work - We will be working on the removal and replacement of the sidewalks that may be considered a safety hazard throughout the Palo Verde property. The work will take place starting Wednesday, January 23rd and will continue until Thursday, January 31st.

Tree Trimming - Starting the end of March, we will be conducting a tree trimming project throughout the property in order to maintain healthy trees for our community. In addition, there is a need to remove damaged trees that show signs of weakness or that are damaging other trees. All tree trimming will be conducted with health and location of the tree in mind.

The work for both of the tree trimming and concrete projects will be conducted between the hours of 8:00am to 5:00pm. However, loud sounds will be kept to a minimum until 9:00am. Part of the process for these projects will require the use of power equipment. There will be workers, noise, dust, and vehicles around the complex during the work period. NO PARKING signs will be posted with dates and times. Vehicles parked in a NO PARKING area during the posted hours may be subject to towing.

Fire Alarm/Sprinkler Testing and Building Inspections for Buildings 7300 - 7600 - All smoke detectors, horns and sprinkler heads are inspected two times per year as required by the State Fire Marshal’s office. The University’s Environmental Health and Safety staff will be conducting the required testing and inspections beginning Tuesday, April 2nd between the hours of 9:00am to 3:00pm. It will require the inspectors entry into all rooms of the apartments on these dates.

Thank you for your cooperation as we work to maintain and improve our community.

INSTEAD OF THROWING IT OUT - DONATE IT!
Goodwill placed donation bins next to the 4400, 7100, and 8700 laundry rooms. These bins are for clothes and small items only. No furniture or large items are to be placed near these bins.

Please arrange for your large items to be given away, picked up, or taken to your favorite charity. Save a trip to the thrift store or recycling center by advertising in the PV laundry rooms or send an email to pvinquiry@uci.edu for a one-time posting in the Palo Verde Press.

DO NOT place furniture or other items in or beside the dumpsters or in the laundry rooms. Please place your items next to the large blue bin located just outside the laundry room near the 4400 building.

PLEASE NOTE: There is a charge upon move out for removal of any items left behind by vacating residents. Disposing of items properly is part of being a good neighbor and will also go a long way in keeping our property looking great!
Difficulty sleeping may affect your physical and mental health. For many, stress, worry, depression, or work schedules may also affect their sleep. Here are a few things you can do tonight to get (at least some) sleep:

- Keep your bedroom for sleeping. Ban your work life - a common cause of stress from your bedroom.
- No TV and computer use right before bed. Put your work away at least one hour (preferably two) before bed.
- Avoid caffeine, alcohol and smoking. Avoid before-bed snacks, particularly grains and sugars that might wake you up.
- Eat a high-protein snack several hours before bed.
- The darker it is in your bedroom, the better you will sleep. Cover any electrical displays, use heavy curtains or shades to block light from windows, or try a sleep mask.
- Avoid using loud alarm clocks to stay up late.
- Do not drink any fluids within an hour or so - to unwind before slipping into bed.
- Give your body time - an hour or so - to unwind before slipping into bed.
- Take a bath, read a good book (try fiction!), and learn to practice deep breathing and relaxation exercises to calm nerves and encourage a peaceful night’s sleep.

Bike Repair Station - Located outside the first floor of the 7000 building.
The self-service bike repair station includes all the tools necessary to perform basic bike repairs and maintenance, from changing a flat to adjusting brakes and derailleur.
The tools and air pump are securely attached to the stand with stainless steel cables and tamper-proof fasteners. Hanging the bike from the hanger arms allows the pedals and wheels to spin freely while making adjustments.

PLAYGROUP = Playgroup gives both children and grown-ups a chance to connect and socialize with other parents and children that live in Palo Verde and Verano. Thank you for remaining with the children you bring to the playgroup.

Palo Verde - The Palo Verde Playgroup is held every Thursday from 3:30pm - 6:30pm in the PV Community Room starting January 24th. There will be light snacks for the children and coffee for the adults. This playgroup will be a free playtime for children of all ages which allows more socialization (and relaxation) for the parents. Should you require accommodations for this or any PV event or program, please contact sherwook@uci.edu

Verano Place - The Verano Place Playgroup is held every Wednesday from 10:30am to 11:30am in the playground, in front of Laundry Room 6. Our playgroup is available for children ages 1-5. Activities include story time, singing, crafts, and much more! For more information, please contact Emily at samanoe@uci.edu. All residents will be notified by email in the event of a cancellation.

Composting in Palo Verde

Turn food waste back into food! Composting is nature’s recycling – a process which diverts food scraps from landfills or wastewater treatment facilities to be repurposed for other uses.

Composting bins can be used on your counter top or under your sink and are available for free at the Palo Verde front desk.

Follow these simple instructions to participate!

1. Line your kitchen container with a compostable bag. Additional bags are available at the 7400 and 6000 trash locations.
2. Fill the bin with approved kitchen scraps as you go about your day and prepare food.
3. When the bag is full, remove it and drop it in your yellow and green designated organic compost bin located next to the trash areas. By 7400, in-between 1100-1400, by 6200, and by 8500.

All Food/Kitchen Scraps Can Be Composted

Nonperishable Paper Products That Are Considered Food Can Be Composted

Pick up a compost bin for your apartment (it’s free!)

For more information, please visit:
http://www.housing.uci.edu/housingOptions/Palo_Verde.html

Attention UCI Undergraduate Students . . .

BARNES & NOBLE College (BNC) Scholarship

Application Deadline: February 14, 2019

Award Notification: March 2019

Award Amount: Up to a $5,000 Scholarship for fees and a grant of up to $3,000 to support project costs

Application Submission Process: Students need to submit a completed application, personal statement, project proposal, and at least one (1) Letter of Recommendation. Documents need to be submitted by February 14, 2019. Interviews will be conducted for finalists.

Completed Applications Will Need To Be Submitted To:
Office of Financial Aid and Scholarships
102 Aldrich Hall
Irvine, CA 92697-2825

Barnes & Noble (BNC) Scholarship’s goal is to build on Barnes’s & Noble founder, Len Riggo’s tireless advocacy for public education, literacy and the arts. Funded from an unrestricted donation from BNC, this scholarship will be awarded to a current UCI undergraduate with a record of strong academic achievement, an innovative project proposal and a demonstrated commitment to helping others.

Through this partnership, UCI and BNC support exceptional UCI undergraduate students who want to design and launch ambitious community service literacy projects aimed at changing the world by improving literacy in one or more of the following areas: reading, financial, political, cultural and/or health. Preference will be given to students who have progressed in their academic study, made significant personal achievements, demonstrated a commitment toward improving literacy, have project ideas that will provide service to the community and to create a significant impact on improving literacy.

Eligibility Requirements

- Must have a minimum 3.0 cumulative UCI GPA.
- Must have completed a minimum of 45 units of UCI-accepted coursework.
- Must plan to be enrolled full-time at UCI during the 2018-19 academic year.
- Strong commitment to one or more of the following areas of literacy: reading, financial, political, cultural and health.
- Demonstrated contribution to campus and community service.

If you have any questions or for more information, please email us at scholarships@uci.edu.