Palo Verde Halloween Events for Wednesday, October 31st

Palo Verde Meet and Greet
4:00pm — 6:00pm in the PV Community Room
This is open all graduate, professional, medical students, law students, veterans, Palo Verde residents, Verano Place residents, Campus Village Graduate residents, and their guests.
Light snacks will be available while supplies last. Or if you wish, you may bring some snacks of your own to add to the gathering.
Come see some costumes and meet other residents living in our graduate housing communities.
(Are you a caregiver/guardian/parent? This may be a great opportunity to meet other parents/children in UCI’s Graduate and Family Housing.)

PV Trick or Treat Friendly Homes
The PV Pumpkin signs are available in the Palo Verde Housing office. Place the sign on your apartment door or window if you would like to designate your apartment as a Trick-or-Treat friendly apartment. Simply post the pumpkin on your door when you are ready for Trick or Treaters and remove it when you are no longer receiving them.
The PV Pumpkin signs will be available for you to pick up at the PV Meet and Greet. If you are unable to attend the PV Meet and Greet or you are unable to make it into the Palo Verde office during office hours, please ask the PV office to e-mail you the sign for you to print.

Trick or Treat Safety Tips
After your little princesses and mini cowboys are all dressed and their trick or treat bags are firmly in hand, it is time to go over some trick or treat safety tips so you and your children will have an enjoyable and safe Halloween experience.

- Steer Clear of Masks - Masks are a fun part of many costumes, but they can limit or block eyesight. Also, your child would need to lift their mask to have a conversation with a fellow trick or treat. Consider non-toxic makeup which should be tested ahead of time on a small patch of skin to ensure there are no unpleasant surprises on the big day.
- Leave The Sharp and Pointy Props at Home - If you want to have some props, make sure they are soft, without sharp edges, flexible and bend when pushed. A child may be easily hurt by these sharp and pointy accessories if he stumbles or trips.
- Be Visible - If your kids will comply, choose costumes that are brightly colored so that they are easier to see in the dark. If they really want a dark costume, apply some reflective strips to their costume. You could also have them wear glow necklaces or carry glow sticks and flashlights.
- Never Go Alone - It is important that young children have an adult chaperon at all times while trick or treating. Add some emergency identification information such as the child’s name, address and phone number on your child in case your child happens to get separated from the group.
- Walking Tips - Be sure that your children understand simple traffic rules, such as stopping and looking both ways before crossing the street. Inform your children that they should never assume that they have the right away when crossing the street, especially at night on Halloween.
- Do Not Go Inside - Trick or treaters always seem to run across a house or two where someone invites them to “come in”. Remind your little ones that they should never go inside anyone’s home while trick or treating.
- Stay On Track - It might be tempting to take a short cut through the Palo Verde yard or on any uneven paths, which can sometimes pose a danger. Stay on sidewalks that are well lit and where there are plenty of people.
- Say No! - Stranger danger is important to remember no matter how old your kids are, even while trick or treating. Teach your children when to say “no” to strangers. If your children are old enough to trick or treat in a group without you, be sure and designate a time for their return.
- Taste-Testing Patience - Make sure your little goblins know that trick or treating is for gathering candy, not eating it as they receive it. They may be tempted to take a taste before you have had a chance to inspect it - it is always better to be safe than be sorry.
- Drive Extra Safely on Halloween - Turn your headlights on earlier in the day, slow down and be especially alert. Eliminate any distractions inside your car so you can concentrate on the road and your surroundings. Children are excited on Halloween and may move in unpredictable ways.

Be safe and have a Happy Halloween!
A TASTE OF HOME

RETURNING IN JANUARY 2019!

Are you interested in sharing and sampling delicious international foods?

Come explore the cuisines of the world. Graduate students and special guests will share the recipes and cooking styles of their home countries/regions. Volunteer taste testers and chefs are needed - no skills required.

A Taste of Home occurs every fourth Tuesday of the month at 6:30pm in the Palo Verde Community Room Kitchen. Recipes and samples are available for all participants.

Everyone is welcome! Everything is FREE!

MARK YOUR CALENDARS!

January 22nd

MENUS: To Be Announced

Should you require accommodations for this or any PV event or program, please contact sherwook@uci.edu.

Calling all people with children - PV PLAYGROUP RETURNS!!!

PV PLAYGROUP

3:30pm - 6:30pm

Every Thursday in the Community Room

Starting October 25th

This playgroup is a free playtime for the children which allows for more socialization (and relaxation) for the parents. We will have light snacks for the children and coffee and tea for the adults. Feel free to bring a toy (or two) which your child feels comfortable sharing.

Anyone is welcome to attend and it is FREE! Do you know families in Verano Place, University Hills or near the PV community? They are welcome as well.

All children must be with an adult. Thank you for remaining with the children you bring to the playgroup. Childcare service is not provided.

We hope to see you there!

Should you require accommodations for this or any PV event or program, please contact sherwook@uci.edu.

"What screws us up the most in life is the picture in our head of what it’s supposed to be.”

~ Unknown

FREE YOGA FOR GRADUATE AND FAMILY HOUSING RESIDENTS EVERY WEDNESDAY

6pm in the PV Community Room

Join Palo Verde and Verano residents, spouses, and friends for Yoga to relax and de-stress. Yoga is a convenient way to stretch and strengthen your body, focus your mind, and get in a workout with your busy schedule.

Bring along an exercise mat or towel and a water bottle. This class is suited for all levels and abilities, including beginners.

Yoga is brought to you FREE of CHARGE as a part of PVRC’s and VRC’s community programming!

Space may be limited so be sure to show up early for your first session and to sign a waiver for the ARC!

Feel free to contact PVRC@uci.edu with any questions.

Like PVRC on facebook at facebook.com/PaloVerdeResidenceCouncil.

SMART CYCLING ON NOVEMBER 13TH AND 17TH

Refine your cycling skills by attending the UCI Transportation’s two-part complimentary Smart Cycling series.

Course Overview: Part 1 - Classroom Session - Tuesday 5:30pm - 8:30pm in Student Center Emerald Bay A. The in-depth hands-on approach to learning essential cycling skills as: Bicycle Safety Checks; Crash Avoidance Skills; Flat Repair; Bike Handling; Riding legally in traffic.

Course Overview: Part 2 - On-Bike Session - Saturday 8:00am - 1:30pm in Parking Lot 1C. Part 2 covers bike handling skills in a closed parking lot, a bike ride allowing participants to practice their cycling skills in small groups under the watchful eyes of UCI’s League of American Bicyclists-trained LCIs, and an optional online examination. Cyclists may participate in a nine-mile guided on-road ride to earn a Smart Cycling certificate from the League of American Bicyclists.

For more information or to register, visit: https://www.eventbrite.com/e/smart-cycling-uci-fall-2018-tickets-49500801229

NETWORK ACCESS FOR NON-STUDENT FAMILY MEMBERS

UCInet Mobile Access provides UCI affiliates and visitors a fast and convenient way to connect to the web with mobile computers and devices.

To learn more about this service, or to sign up, visit: http://www.oit.uci.edu/ucinetid/resnet/. Select SERVICES from the menu bar, then select Network, WiFi & Radio from the pull down menu. Go to UCI Mobile Access Registration to sign up.

NO CANDLES, INCENSE, OR OTHER OPEN FLAME MATERIALS PERMITTED IN PALO VERDE

Candles, even if sealed, are not permitted as part of UCI’s “NO OPEN FLAME POLICY”. Please remove these hazards from your apartment. Battery operated lights are permitted.

Violations found by the State Fire Marshal are reported to the UCI Office of Student Conduct.

“A smart person knows what to say, a wise person knows whether or not to say it.” ~ Unknown

For more information, please visit:
http://www.housing.uci.edu/housingOptions/Palo_Verde.html